

Your Diabetes Endocrine Nutrition Group, Inc.

Medical History: (circle those that apply)

Diabetes	Hypertension	High Cholesterol	Heart Disease
Sleep Apnea	Obesity	Breathing Problems	Reflux
Osteoporosis	Stomach problems	Thyroid disease	Arthritis
Depression	Stroke	Headaches	Eye problems
Cancer (if yes, what kind)			

Other: (if you have a condition not listed above, please list it here)

Surgical History: (circle those that apply)

Tonsillectomy	Appendectomy	Gallbladder surgery	Hysterectomy
Hernia repair	Heart Surgery		

Other: (if you had a surgery not listed above, please list it here)

Social History: (circle those that apply)

Do you smoke? Yes No
If you smoke, how many years have you smoked?
If you smoke, how much do you smoke per day?

Do you drink alcohol? Daily Occasionally Never

Do you work currently? Yes No
If yes, what do you do?

Family History: (please list any medical problems your immediate family suffers from)

Mother: Father: Siblings:

Do you have any medication allergies? Yes No

If yes, what are they?

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Medications: (please list your medications and dosages)

Please circle below if you suffer from any of these symptoms on a regular basis:

Heart: chest pain, palpitations, lightheadedness, leg swelling

Lungs: cough, shortness of breath, wheezing

Digestive: nausea, vomiting, constipation, diarrhea, blood in stools, abdominal pain

Sleep: snoring, difficulty getting to sleep, difficulty staying asleep

Psych: feeling sad, feeling anxious, lost of interest

Brain/Nerves: headaches, burning/tingling in hands or feet

Urinary: sexual dysfunction, difficulty holding urine, difficulty starting urine stream

Hormones: heat/cold intolerance, easy sweating, tremors, change in ring or shoe size

Gyn: irregular periods, breast discharge, vaginal itching or discharge

Skin: warm, cold, dry, sores

Hair: falling out, changes in texture

Senses: changes in vision, changes in hearing, changes in smell, sores in mouth

Neck: neck pain, problems swallowing, changes in voice

Heme/Lymph: easy bruising, easy bleeding, lumps